



NEIGHBOURHOOD HOUSE

Formerly St. Christopher House



Are you a Permanent Resident or Convention Refugee 13 -24? Join the:

Newcomer Youth Leadership Program

Fall 2017 Starting September 11th

The Art of Silk Screening

Mondays 3:30pm- 5:30pm

Newcomer Youth Space (1499 Queen St. W. 2nd Floor)



Homework Help and Mentorship Support

Mondays 4:00pm-7:00pm

Newcomer Youth Space (1499 Queen St. W. 2nd Floor)

Indoor Basketball

Wednesdays 6:00pm-8:00pm

Parkdale Collegiate Institute School Gym (209 Jameson Ave.)



Girls' Leadership Group

Wednesdays 3:30pm-5:00pm

Newcomer Youth Space (1499 Queen St. W. 2nd Floor)



Indoor Soccer

Thursdays 6:00pm-8:00pm

Alexander Muir School Gym (108 Gladstone Ave.)

#GetInvolved Volunteer Program

Thursdays 3:30pm-5:30pm

Newcomer Youth Space (1499 Queen St. W. 2nd Floor)

Contact to Register:

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Creative Arts Friday

Fridays 3:30pm- 6:00pm

Newcomer Youth Space (1499 Queen St. W. 2nd Floor)

Find us on Facebook and Instagram!



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[instagram.com/westnh_nyp](https://www.instagram.com/westnh_nyp)

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<p><u>The Art of Silk Screening</u> Mondays 3:30pm- 5:30pm</p> 	<ul style="list-style-type: none"> • Learn the process of silk screening on t-shirts • Create your own designs • Demonstrate silk screening at street festivals • Opportunity to earn volunteer hours • Learn business and entrepreneurial skills
<p><u>Homework Help and Mentorship Support</u> Mondays 4:00pm-7:00pm</p> 	<ul style="list-style-type: none"> • Receive one-on-one homework support • Improve your grades • Receive guidance on aspects of academic life and culture • Increase professional and personal growth
<p><u>Indoor Soccer</u> Wednesdays 6:00pm-8:00pm</p> 	<ul style="list-style-type: none"> • Learn and enjoy soccer in a positive, fun environment • Improve your soccer skills and make new friends • Opportunity to increase your confidence and self-esteem, and help to reduce anxiety
<p><u>Girls' Leadership Group</u> Wednesdays 3:30pm-5:00pm</p> 	<ul style="list-style-type: none"> • Will train with professional runners from the Parkdale Roadrunners and keep track of personal progress. • Will be participating in the Scotiabank Toronto Waterfront Marathon on October 22, 2017 • The girls leadership program is a cohort-based program that runs 5 weeks on and 3 weeks off while focusing on various topics such as fitness, community development, arts, health etc...
<p><u>Indoor Basketball</u> Thursdays 6:00pm-8:00pm</p> 	<ul style="list-style-type: none"> • Improve basketball skills • Make new friends • Stay fit and fine
<p><u>#GetInvolved Volunteer Program</u> Thursdays 3:30pm-5:30pm</p> 	<ul style="list-style-type: none"> • Looking for volunteer hours? • One-on-one sessions to get connected to volunteer opportunities • Get help with volunteer applications • Engage in monthly volunteering activities • Earn community service hours you need for high school
<p><u>Creative Arts Friday</u> Fridays 3:30pm- 6:00pm</p> 	<ul style="list-style-type: none"> • Expressive & fun art activities • Demonstrating creativity through art, music and other creative forms