








B = Breakfast; S = Snack; L = Lunch; D = Dinner

Drop-In	Schedule	Drop-In	Schedule
416 Community Support for Women 416 Dundas St., E. 416-928-3334 (Women living with mental health/addiction issues only)	Hours: 8:30 am – 4:30 pm Meals: B: 8:30-10:00 am L: 12-noon-2pm	The Scott Mission, Men's Ministry Drop-In 502 Spadina Ave. 416-923-8872 x 232	Hours: 8:00 am - 12 noon Meals: B: 10:30 am L: 11:30 am
Council Fire Toronto Native Cultural Centre: Gathering Place 439 Dundas St. East 416-360-4350	Hours: 10:00 am - 3:00 pm Meal: L: 12 noon	Sistering, A Woman's Place 962 Bloor St., W. 416-926-1946 or 416-926-1956 (Women only) 	ALWAYS OPEN Meals: B: 9:30-11:00 am L: 12 noon-2:45pm S: 6:00pm D: 8-9:30pm
Evangel Hall Mission 552 Adelaide St. W. 416-504-3563 	Hours: 9:00am - 1:30pm Meals: B: 9:00am - 9:30am Soup: 10am L: 11:00am – 12 noon	SOY- Monday Night Drop-In 333 Sherbourne St., 2 nd floor 416-324-5082 (LGBTQ Youth ages 14–29 only)	Hours: 5:30 pm-8:00 pm
Fred Victor Women's 24 Hour Drop-In 67 Adelaide Street East (Adelaide Resource Centre for Women) (Women only)	ALWAYS OPEN: B: 10:00am S: 2:00pm, S: 4:30pm, D: 7:00pm S: 12:00am	The Stop Community Food Centre 1884 Davenport Road 416-652-7867	Hours: 9 am - 3:00 pm B: 9:00 am L: 12:00 noon
Good Shepherd Ministries 412 Queen St., E. 416-869-3619 	Hours: Reception open 24/7 Meals: B: 9:00 am – 11:00 am D: 2:00 pm - 4:00pm	Syme-Woolner Neighbourhood and Family Centre 2468 Eglinton Ave., W., Unit 3 416-766-4634 	Hours: 11:00 am - 4:00 pm Meals: B: 11:00 am-12pm L: 1:30-2:30 pm S: 3:00 pm
Haven Toronto 170 Jarvis St. 416-366-5377 (Men over 50 only)	Hours: 8:00 am - 5:00 pm Meals: B: 8:15 am L: 12:15 pm S: 3:00 pm (fees for meals; members only)	Weston King Neighbourhood Centre (WKNC) 2017 Weston Rd. 416-241-9898 	(unconfirmed: call ahead) Hours: 8:00 am - 3:00 pm Meals: B: 9:30am L: 12:30pm
Parkdale Activity Recreation Centre (PARC) 1499 Queen St., W. 416-537-2591 	Hours: 11:00 am - 3:00 pm Meals: B: 9:15-10:00am L: 11:30-1pm	Wychwood Open Door Drop-In Centre 729 St. Clair Ave. West 416-652-0857	(unconfirmed: call ahead) Hours: 8:30 am - 3:00 pm B: 9:00 am L: 1:00 pm
Salvation Army Gateway 107 Jarvis St. 416-368-0324 	Hours: 1:00 pm - 7:00 pm Meal: D: 4:30 pm (1pm: Pick up tickets, 4pm: exchange ticket for meal)	YMCA Vanauley 485 Queen Street West, Basement 416-603-6366 (Youth only)	Hours: 9:30am – 5:00pm B: 9:30 am L: 12:00 noon